

Advanced Cardiovascular Life Support  
**Adult High-Quality BLS  
 Skills Testing Checklist**



Student Name \_\_\_\_\_ Date of Test \_\_\_\_\_

Hospital Scenario: "You are working in a hospital or clinic, and you see a person who has suddenly collapsed in the hallway. You check that the scene is safe and then approach the patient. Demonstrate what you would do next."

Out-of-Hospital Scenario: "You arrive on the scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

**Assessment and Activation**

- Checks responsiveness       Shouts for help/Activates emergency response system/Sends for AED
- Checks breathing               Checks pulse

Once student shouts for help, instructor says, "I am going to get the AED."

**Compressions      Audio/visual feedback device required for accuracy**

- Hand placement on lower half of sternum
- Perform continuous compressions for 1 minute (100-120/min) \_\_\_\_\_ (number of compressions)
- Compresses at least 2 inches (5 cm)
- Complete chest recoil. (Check if using a feedback device that measures chest recoil)

Rescuer 2 says, "Here is the AED. I'll take over compressions, and you use the AED."

**AED (follows prompts of AED)**

- Powers on AED       Correctly attaches pads       Clears for analysis       Clears to safely deliver a shock
- Safely delivers a shock       Shocks within 45 seconds of AED arrival

**Resumes Compressions**

- Ensures compressions are resumed immediately after shock delivery
  - Student directs instructor to resume compressions *or*
  - Second student resumes compressions

**STOP TEST**

**Instructor Notes**

- Place a check in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to instructor manual for information about remediation).

<b>Test Results</b> Circle <b>PASS</b> or <b>NR</b> to indicate pass or needs remediation:	<b>PASS</b>	<b>NR</b>
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Instructor Initials \_\_\_\_\_ Instructor Number \_\_\_\_\_ Date \_\_\_\_\_